

# Patience

## Our School Value for March

Dear Parents,

This month we are focusing on the Value of **Patience**. We certainly need this Value in today's busy and crowded world, think of when you are out driving, making a journey on public transport, or waiting in any queue. Then think of the angst that is caused by impatient people and the negative feelings that are aroused by them. Let's all try to learn to be more patient.

"Wait your turn." "Wait 'til you're bigger." We often ask children to be patient, but developing this Value takes time. Patience is the ability to endure a difficult situation without complaining. It means showing self-control and staying calm in the face of frustration or boredom. When you're patient, you understand that some things are worth waiting for. But patience isn't only passive waiting - it means persevering when things get tough. Adults as well as children often get frustrated if they don't see immediate results. But at any age it's important to wait for the right time to speak or act.

### Stories to share at home:

Not Now Bernard	David McKee
It's Taking Too Long	Cheryl Wagner
Jasper's Beanstalk	Nick Butterworth
Tiger and the Temper Tantrum	Vivian French
Milly, Molly and Beaky	Gill Pittar

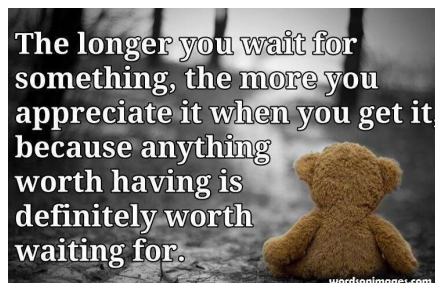
### PATIENCE REFLECTION POINTS

- Patience is accepting that the time for things is not always now and that it is important to wait for the right time to speak or act.
- Patience is persevering when things get tough.
- Patience is showing self control and staying calm in the face of frustration or boredom.

### In assemblies and in class children will:

- Wait for an important/exciting event with patience by thinking of ways to pass the time
- Keep being patient
- Not lose their temper
- Show patience towards others
- Develop skills of perseverance

### Thought for the month:



If you would like any further information on our Values Education Programme please don't hesitate to contact me via the school office.

*Mrs H. Harber*

**Inclusion Leader**



