



POWELL
Founded in 1816
CORDEROY
PROUD TO BE POWELL

Happiness

Our School Value for January

Dear Parents and Carers,

Happy New Year!

This month we are focusing on the value of **Happiness**. We will be reflecting upon all the people and things in our lives that we are lucky enough to have. We will be taking time to appreciate these people and things. We will be reflecting on why we sometimes spend time looking at the things others have that we may not, instead of thinking of the things we do have and how this can affect our happiness. We will also be reflecting on how our outlook on life can affect how we feel and thinking about how good thoughts can help to make good things happen! We hope that you and your family will join with us as we promote this value in school.

HAPPINESS REFLECTION POINTS

- Happiness is having fun with friends.
- Happiness is knowing I am loved.
- Happiness is when there is a feeling of hope and a state of peace.
- Happiness naturally comes with pure and selfless actions.
- Happiness is a state of contentment within.
- Sending good wishes makes people happy inside.
- Happiness can be given by sharing.
- Happiness is having love inside.
- The best way to cheer yourself up is to try to cheer somebody else up.

In assemblies and in class we will be reflecting on:

- Reflect on what makes us happy, understanding the difference between needs and wants.
- Learn that happiness comes from sharing and giving.

Thoughts for the month:

“Be happy with what you have and are, be generous with both, and you won't have to hunt for happiness.”

[William E. Gladstone](#)

Stories to share at home too:

Milly, Molly and Melonkey	Gill Pittar
When I'm Feeling Happy	Tracey Moroney
Mr Happy	Roger Hargreaves
The Town Mouse and the Country Mouse	Jan Brett

If you would like any further information on our Values Education Programme please don't hesitate to contact me via the school office.

Yours sincerely,

Mrs H. Harber, Values Leader / Year 2 Teacher

