



**POWELL**  
Founded in 1816  
**CORDEROY**  
PROUD TO BE POWELL

# Appreciation

Our School Value for December

Dear Parents and Carers,

As we end another year we take time to stop and reflect on the past year and appreciate the good things that have happened. This month we are focusing on the value of **Appreciation**. We will be thinking about the importance of stopping to appreciate the people around us and considering where we would be without them. We will also be considering the things that we have and how we should be grateful for them. We will be thinking about the things that we use everyday, and take for granted, that others less fortunate than ourselves may not have. We hope that you and your family will join with us as we promote this value in school.

## Activities to try at home

### Word Association

Let kids brainstorm a list of words that represent moments, memories, and things that naturally pop into their minds in response to the question, "What do I feel most grateful for?" Family members can work alone or as a group. A parent can help create a short, colourful list. Older children may do better if given a number challenge like, "What are the top ten things you feel most grateful for this past year?" Keep the activity quick, fun, and light. Don't treat it like an essay assignment unless you have a writer in the family, who would enjoy doing just that.

### Act of Appreciation

Show someone you appreciate them by doing something kind. Continue those random acts of kindness. Leave a note for a friend, help somebody do an everyday task or make someone something that will make them smile and feel appreciated.



In assemblies and in class we will be reflecting on:

- Appreciation means not taking things for granted.
- Appreciation means thinking of people who contribute to our lives.
- Appreciation means thinking of the world we live in and the beauty of nature.
- Appreciation means seeing afresh the familiar things in our lives – things that we can hear, breathe, see and touch.

Thoughts for the month:

*"Always be happy and grateful for all you have in your life.....and more Good will come."*



If you would like any further information on our Values Education Programme please don't hesitate to contact me via the school office.

Yours sincerely,

Mrs H. Harber    SENCO

