



Name:

Activity	✓	Date
1. Do something really kind for someone.		
2. Learn about a famous artist and try to do a picture like theirs.		
3. Watch the weather forecast and get your own clothes ready everyday for a week.		
4. Keep a food diary for a week - do you eat healthily?		
5. Read a non-fiction book about human bodies.		
6. Invent a new sandwich filling.		
7. Practise counting in steps - 2,5,10 or 3,4.		
8. Can you fill containers exactly half full?		
9. How long can you stand on each leg?		
10. Help with the washing up without being asked.		

Signed:

(parent / carer)